

ADEA Education Day – Brought to you by Abbott



Your trusted partner in diabetes care

*Join us for ADEA's Education Day, brought to you by **Abbott*** – This event offers a day of hands-on workshops and professional development, equipping you with the knowledge and skills to enhance your practice and daily work-life.



Workshop sessions



Technology Workshop

Diabetes technology is advancing so rapidly that staying up-to-date can be challenging.

In this round-robin workshop, participants will be divided into smaller groups to engage in hands-on learning with various diabetes technologies, such as continuous glucose monitors (CGMs), insulin pumps, smart insulin pens, and blood glucose monitoring systems.

This workshop offers a fantastic opportunity to ask questions, learn from others, and have first-hand experience.

Medication Workshop

When it comes to medication, is the newest drug always the best?

In this round-robin workshop, participants will explore various perspectives and receive guidance on the use of popular (and sometimes controversial) medications for diabetes.

Through the examination of different case studies, this session aims to facilitate an interactive sharing of knowledge and experience, while also providing opportunities to apply these learnings in practice.

Professional Development



Libby Lyons

Expert public speaker and panelist



Simone Bishop

Registered Counselling Psychologist

Leadership in Healthcare

This session will delve into the essential aspects of leadership in healthcare, emphasizing the unique challenges and responsibilities faced by healthcare professionals. We will explore key leadership qualities, such as empathy and communication, and discuss how these traits can enhance patient outcomes.

With a wealth of experience, Libby brings a different take on leadership that can be implemented in the healthcare sector.

Burnout in CDEs

While CDEs play a crucial role in managing and supporting people living with diabetes, the demands of the role can lead to significant stress and burnout. This session aims to explore the factors contributing to burnout amongst CDEs, the impact, and focuses on effective strategies to prevent and manage burnout.

Simone has extensive experience working with and supporting people living with a range of chronic health conditions, particularly Type 1 diabetes. Having such experience enables her to understand the role of CDEs and its associated stresses.



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Program

11:00 – 11:30am Arrival and Registration (Grab and go lunch provided)

11:30 – 11:45am Welcome

11:45 – 12:45pm Abbott Diabetes Education

12:45 – 2:15pm Technology or Medication workshop

2:15 – 2:30pm BREAK

2:30 – 4:00pm Technology or Medication workshop

4:00 – 4:15pm Afternoon Tea

4:15 – 5:00pm Leadership in Healthcare presented by Libby Lyons

5:00 – 5:45pm Burnout in CDE's presented by Simone Bishop